



SOSIALISASI PROGRAM INDONESIA BEBAS STUNTING DENGAN PENDEKATAN ABCDE DI POSYANDU KELURAHAN AIR HITAM

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ABSTRACT / ABSTRAK

The purpose of socializing the stunting-free Indonesia program with the ABCDE approach at the Air Hitam Posyandu is to increase public knowledge about stunting prevention and handling. The method used in developing the potential of posyandu black water is the transfer of science and technology through health administration group learning techniques accompanied by practice. The result of the service that the socialization of the stunting-free Indonesian program with the ABCDE approach at the Air Hitam Posyandu went well.

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1. BACKGROUND

Stunting is a condition where children who are born experience delayed growth and development and brain development that is hampered and this is caused by insufficient nutritional intake obtained over a long period of time. Stunting has a long-term impact even to the elderly and this will certainly have a bad impact on the future of children because it will hinder children's productivity, creativity and growth and development.

Stunting prevention programs are currently being intensified by the Indonesian government. Presidential Regulation of the Republic of Indonesia Number 72 of 2021 concerning the acceleration of stunting reduction is the main basic reference for this program, according to SSGI (Indonesian Nutritional Status Study) the stunting rate in 2021 reaches 24.4%, which means that 1 in 4 children in Indonesia experience stunting conditions, although it has decreased from the previous two years, namely 27.7% in 2019 and 26.9% in 2020 this figure still exceeds the maximum limit set by WHO, which is 20%.

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2. METHOD

The community service method is in the form of training on the preparation of an annual work plan at the Abdoel Wahab Sjahranie Regional Hospital as many as 15 people. Meanwhile, the method of activity with the schedule of events is as follows: 1) Opening 2) Singing the song Indonesia Raya 3) Remarks by the head of the community service committee and the head of the Posyandu Kelurahan Air Hitam 4) Stunting-free material with the ABCDE approach 5) Question-and-answer session 6) Concluding. The location of community service for the ITKES WHS health administration undergraduate study program is carried out at the Air Hitam Posyandu. The socialization of the stunting-free Indonesia program with the ABCDE approach at the Air Hitam Posyandu can

be realized in 2022. Meanwhile, success in community service methods is largely determined by stunting-free knowledge with the ABCDE approach for future application.

3. RESULT AND CONCLUSION

In the guidance of the ABCDE Approach, priority activities are carried out, namely the provision of data on risky families by checking the body condition of the bride and groom and knowing the risk factors for stunting in the bride and groom and this is in accordance with the first point yaitu providing data on families at risk of stunting, then on assisting families at risk of stunting and prospective brides PUS (Couples of Childbearing Age) in points b and c for solutions of the factors that cause stunting risk in the examination is also carried out by the ABCDE Approach program with the assistance of brides-to-be at risk of stunting.

From the presentation of the analysis, the researcher concluded that the socialization of the stunting-free Indonesia program with the ABCDE approach at the Air Hitam Posyandu is the perspective of Presidential Regulation No. 72 of 2021 is not fully appropriate because there are limitations in the ABCDE Approach program that cannot be carried out in accordance with the National Strategy for the Acceleration of Stunting Reduction in Presidential Regulation No. 72 of 2021 including: Air Hitam Posyandu a. In the target group for accelerating stunting reduction, article 3 of the ABCDE Approach program has not reached the target group of pregnant women, breastfeeding mothers, and children aged 0-59 months because the guidance in the ABCDE Approach program is only for prospective brides who register at the Air Hitam Posyandu.

b. Objectives of the National Strategy for the Acceleration of Stunting Reduction in Presidential Regulation No. 72 of 2021 in article 2 paragraph 2 there are several points of objectives that cannot be met in the ABCDE Approach program, namely: reducing the prevalence of ensuring the fulfillment of nutritional intake, improving parenting, improving access and quality of health services, increasing access to drinking water and sanitation.

c. Socialization of the stunting-free Indonesia program with the ABCDE approach at the Air Hitam Posyandu is not binding and cannot carry out specific interventions or sensitive interventions because this program is only limited to socialization.

4. SUMMARY AND ADVICE

Based on conclusions and suggestions related to "Socialization of the JKN mobile application in ITKES Wiyata Husada Samarinda students" went well. On the indicator of the accuracy of the target of community service participants at ITKES Wiyata Husada Samarinda, in order to maximize health services by using the JKN mobile application.

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